



'Academies in Christ' Part of the Archdiocese of Southwark

St. Benedict's Catholic Primary School PE and Sport Premium Strategy

Academic Year: September 2025 - August 2026		Total fund allocated: £17,790.00
Purpose of the premium		
The premium must be used to fund additional and sustainable improvements to the provision of P.E. and sport, for the benefit of primary-aged pupils to encourage the development of healthy, active lifestyles. The Secretary of State does not consider the following expenditure as falling within the scope of additional or sustainable improvement:		
• Employing coaches or specialist teachers to cover planning preparation and assessment (PPA) arrangements - these should come out of schools' core staffing budgets • Teaching the minimum requirements of the existing P.E. curriculum.		
Overview of St. Benedict Catholic Primary School's strategies for improving pupils' P.E. and sport participation and attainment and giving pupils the opportunity to develop a healthy, active lifestyle.		
We spend our PE and sports premium in the following ways to improve PE and sports participation and to enable pupils to develop a healthy and active lifestyle:		
• Creating a 'Real Legacy' of Sport that promotes sustainable PE in all aspects of life both now and in the future. • Creating opportunities for our pupils to take part in inter- and intra-school competitions. • Providing CPD with impact for teachers and TAs on teaching sport. • Commissioning the work of external coaches who team-teach classes throughout the year; modelling how to teach their sports thus providing CPD opportunities to teachers and TAs. • Offering subsidised sporting clubs to children; giving access to a wide range of sporting opportunities, in line with our ethos of 'Sport for all'. • Providing heavily subsidised swimming lessons for Year 5 and free 'booster' lessons for non-swimming Year 6 pupils. • Funding Bike-ability for Year 6 and Balance-bikes for EYFS.		
Our rationale for spending the money in this way is:		
• By providing swimming lessons for Year 5, we aim for all children to be able to swim by the time they reach Year 6. • Augment the well-being, both mental and physical of all our pupils. • For pupils in Year 6 who cannot swim to the appropriate level, we will provide the opportunity for intensive 'booster' lessons in the summer term. • In line with our 'Sport is For All' philosophy, introduce all pupils to a rich variety of physical activities, including gym and dance. • For pupil's travelling to school by bicycle we want to ensure they are trained and safe on the road.		

- To improve Physical Development/ Physical Literacy outcomes in all year groups and to lay the foundations for a lifelong love of sport and understanding of a healthy lifestyle.
- PE lessons to be judged as at least 'Good' and pupils to make six steps of progress in PE skills and knowledge each year.

How the improvements made will be sustainable in the future:

- Pupils to leave St. Benedict's with a positive self-image of themselves as sports participants.
- By accessing a range of different sports and using a mind-set based on 'My Personal Best', pupils will maintain a healthy lifestyle.
- Pupils are safe cycling on roads from primary school and beyond.
- More pupils want to take up sport after school and post primary school.

A breakdown of the projected expenditure for the year 2025/256 is shown below, together with its intended impact.

Key indicator 1: Engagement of all pupils in regular physical activity				Percentage of total allocation:
Academy focus	Actions to achieve	Funding allocated	Intended impact	Evidence, impact and suggested next steps. (Completed at end of school year.)
To engage all pupils in daily activity at play time and lunch time and daily mile.	Daily Mile – Regular reminders, keep visual display updated and celebrated at assemblies to increase level of participation within all year groups.	£35	Children to have multiple opportunities for active play during break and lunchtime and will be able to select a range of equipment/activities. To participate in the daily mile.	Although the Daily Mile initiative has not yet been fully embedded across the school, the introduction of a wider range of playground equipment has had a positive impact on pupils' engagement in physical activity during break and lunchtime periods. As a result, children are participating in more active play, and staff have observed improvements in behaviour, cooperation, and social interaction.
	Provide Sports Crew/play Leader Training for Y5 pupils. Ask EYFS is there any equipment needed to encourage gross motor skills.	£400	New Sports Crew to have the necessary skills and knowledge to enhance play provision at breaks. EYFS taking part in more Gross Motor skills activities.	The next cohort of Year 5 Sports Crew members has been trained and has begun leading a range of new playground games during lunchtime. Pupils across the school have responded positively and are enjoying the increased variety of activities on offer. Designated Teaching Assistants are supporting the Sports Crew in organising, delivering, and developing these activities, helping to ensure they are inclusive, well-managed, and sustainable. EYFS now have a set of large tyres to use to aid with their Gross Motor skills.
	Outside Sports Agency to deliver lunch sports clubs / 'Little Ballers' football x2 30min sessions per week.	£1852	More pupils engaged in active lunchtimes with a focus on those who are less active. Providing opportunities for children to engage in activities who would not usually do so.	Provides high-quality, structured physical activity during lunchtime. Fundamental movement skills are tailored to year groups. Real-time CPD in the playground.

Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement.				Percentage of total allocation: £
Academy focus	Actions to achieve	Funding allocated	Intended impact	Evidence, impact and suggested next steps. (Completed at end of school year.)
Audit PE provision, school sports and physical activity in the school.	SL to examine Year group subject overviews to ensure there is skill progression and ensure all teachers are aware of what they should teach when and the key skills to be developed within each sport.	£35	Subject leader will ascertain clear perspective of current provision in each year group and ensure all staff are clear on their outcomes.	The PE Lead has developed a comprehensive whole-school PE curriculum overview, providing staff with a clear framework of the sports and activities taught across each year group and term. A detailed skills progression document has also been introduced to ensure pupils build on prior learning and develop fundamental movement and sport-specific skills progressively throughout their time at the school. These resources have improved curriculum consistency, supported teachers in planning and delivering high-quality PE lessons, and ensured a clear progression of knowledge and skills across the school.
	SL will ensure all year groups have and are following GSSP plans.	£35		

School timetable to include 2 hours of quality PE teaching per week, utilising indoor and outdoor areas.	SL to ensure school timetable up to date to allow for 2 hours of PE is scheduled per year group.		Improved PE offering to all pupils.	A whole-school PE timetable has been developed to ensure that every class receives two hours of high-quality PE each week, in line with national recommendations. The timetable makes effective use of both indoor and outdoor learning spaces, enabling pupils to access a broad and balanced PE curriculum throughout the year. This structured approach has improved the consistency of PE provision, maximised the use of school facilities, and ensured that all pupils have regular opportunities to develop their physical competence, confidence, and enjoyment of physical activity. An audit of resources has been completed. Airflo balls, skipping ropes, stilts and new large balls are requested.
	Continuous updating of PE noticeboard to display and inform St. Benedict's PESSPA.	£35	All pupils to receive 2 hours of quality PE per week.	
	SL to audit PE resources.	£35	Noticeboard to be maintained outside the music room with sporting results displayed. audit to be completed.	
Key Indicator 3: Increased confidence and skills for all staff in the teaching of PE and sport				Percentage of total allocation: £
Academy focus	Actions to achieve	Funding allocated	Intended impact	Evidence, impact and suggested next steps. (Completed at end of school year.)
To improve quality of teaching and learning of PE throughout St. Benedict's provision using cost-effective CPD	Using specialist PE providers to team-teach with those who feeling underconfident or wanting fresh ideas to challenge GD pupils or support those working at a below expected level.	£1120	Improve teachers knowledge and skills in a variety of sports. PE provision to be enhanced for pupils.	Staff voice was used to identify priorities for PE professional development, with teachers highlighting dance—particularly in Key Stage 2—as an area where they would value additional training to increase pupil engagement, especially among older pupils and boys. In response,

				a specialist dance instructor delivered a staff INSET session, providing practical strategies, lesson ideas, and greater confidence in teaching dance across the curriculum. To further enhance participation and enthusiasm, the instructor also offered to deliver a whole-school dance workshop, giving pupils the opportunity to experience high-quality dance teaching and inspiring greater enjoyment and engagement in this area of PE. This is to be arranged.
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	SL to lead inset to embed concept of 'My Personal Best' into PE lessons and physical activity.	£35	Pupils will be continuously aware of character values, especially in sporting context.	The concept of 'My personal best' is manifested within every PE lesson and encouraged throughout both our competitive and non - competitive elements of sports day.
	Provide all staff with voluntary access to all courses as they become available.	£188	Staff to have CPD that meets their needs.	Staff have received CPD and shall continue to do so.
	Ensure lessons resourced appropriately. Indoor in hall cupboard and outside in shed.	£50	SL to appropriately place resources in either location with any updated equipment.	All resources have been moved to one location.
Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils.				Percentage of total allocation: £
Academy focus	Actions to achieve	Funding allocated	Intended impact	Evidence, impact and suggested next steps. (Completed at end of school year.)

Provide a wide range of after school clubs to enable all children the opportunity to experience new skills and the chance to attend competitive sporting events.	After-school clubs are to be varied across the school, to ensure pupils have the skills to attend inter-school competitions.	£1150 Office staff time £410	After-school clubs to be in demand. Pupils of all ages to be able to access after-school clubs.	An external sports provider has delivered a programme of high-quality after-school clubs for Key Stage 2 pupils, with consistently high levels of participation throughout the year. The clubs have introduced children to a wide range of sports, enabling them to develop new skills, improve their physical competence, and increase their confidence in a variety of activities. As a result, pupils are better prepared to represent the school in inter-school competitions, having gained valuable experience, sport-specific knowledge, and an improved understanding of the rules and tactics associated with different sports. The clubs have also promoted positive attitudes towards physical activity and encouraged greater participation beyond the school day.
Create fun in-school events to target the less active pupils.	Organise intra-school fun sports events per term.	£140	Pupils to enjoy taking part in pupil-led school games each term.	
Increase the engagement in a range of activities at playtimes.	Playtime sports equipment replenished for playtime activities, use pupil voice to ascertain activities the children want.	£780	A greater range of activities to participate in will improve a range of skills, specifically all-round fitness.	
Utilise Forest School area across the school	Timetable Forest School provision to ensure all year groups have equal access.	Forest school staff £8400	Pupils to be engaged and confident learning about the environment.	
	Provide pupils with opportunity to learn to lead within PE lesson structure.	£35		
	Create a School Sport Organising Committee or Crew that influences provision.	£35	MAT pupils to be given leadership opportunities within PE lessons.	The PE Lead has established a Key Stage 2 Cross Country Club to provide pupils with regular opportunities to develop their endurance, running technique, and overall fitness. The club has enabled children to build the stamina, resilience, and confidence required for competitive running, while promoting the importance of regular physical activity and a healthy lifestyle. Through attending the club, pupils have
		£475	Pupils from each class to have an input on provision of intra and after-school clubs.	

			been well prepared to represent the school in the local cross-country series, increasing participation in competitive sport and providing valuable opportunities to experience competition and achieve personal success. The PE Lead has also established a Key Stage 1 Dance Club, (after reviewing pupil voice) providing younger pupils with an additional opportunity to participate in physical activity beyond the PE curriculum. The club has promoted creativity, coordination, balance, rhythm, and body control, while helping pupils to develop confidence in performance and self-expression. Children have also strengthened their teamwork, listening, and communication skills through collaborative activities and routines. The club has been well attended and has encouraged a positive attitude towards physical activity from an early age, helping to foster a lifelong enjoyment of movement and supporting pupils' physical, social, and emotional development.
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All year 6 children to complete Bike-ability training to promote healthier lifestyles by cycling to school.	All children that can ride a bike in Year 6 to complete a level of the course	£350	All children will be able to access bike-ability training courses and have an increased awareness of road safety before their transition to secondary school. To promote healthy lifestyle choices of cycling to school.	We were not successful in booking places on Medway Bike ability training. Summer holiday Bike-ability training sessions were promoted.
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Key Indicator 5: Increased participation in competitive sports				Percentage of total allocation: £
Academy focus	Actions to achieve	Funding /allocated	Intended impact	Evidence, impact and suggested next steps. (Completed at end of school year.)
To participate in a variety of competitive sporting events at a school, deanery and local Medway area level To encourage competition through the organisation of Sports Day.	Participate in Medway Mini Youth Games Schools Sports Partnership organised activities.	£1715	Increase in the number of pupils participating in a range of sporting competitions.	Throughout the year, pupils have participated in a wide range of competitive sporting opportunities, achieving excellent success while representing the school with enthusiasm, determination, and exemplary sportsmanship. We took part in the Mini Youth Games series, with our athletics team achieving an outstanding 7th place overall out of 35 participating schools. This reflected the pupils' commitment, skill development, and hard work throughout the year. 93% of the current year 6 cohort can swim over a distance of 25 metres for the academic year 2025-26. We entered and participated in the Mini Youth Games Swimming
	Participate in Cross-country meetings.	£56		
	Participate in Medway Football League			
	Organise competitive whole school sports day with medals.	£105	All St. Benedict's children surveyed to express positive experience participating in a wide range of sports competitively during Sports Day.	
	Extension opportunities in swimming for those who achieved 25m.	£500	Survey to obtain children's opinions on the events of the non-competitive sports day.	
	Have active links with local community sport/leisure		Displayed on school website	

	providers where the link is a signposting function (posters/assemblies) including taster sessions on site or where the school is a host site for pupil activity.			Tournament. Our team came 7th place out of 35 teams in the freestyle relay. Our Key Stage 2 football team also competed in the football league organised by Hoo Sports Academy, providing pupils with regular opportunities to develop their tactical understanding, teamwork, and competitive experience against other local schools. Our football team finished 5th In the Medway Primary League. Further success was achieved in the Cross-Country Series, where all of our Year 5 and Year 6 runners demonstrated excellent progress, improving their times at each event. Their commitment and resilience highlighted the positive impact of regular training and participation in competitive sport. Our annual Sports Day was once again a tremendous success, with all pupils taking part in a range of inclusive and enjoyable activities. The event celebrated participation, teamwork, determination, and personal achievement, providing every child with the opportunity to experience success while promoting the school's values and
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				fostering a lifelong enjoyment of physical activity. Year 5 pupils were given the opportunity to visit the local leisure centre to participate in a morning of varied sporting experiences. The session introduced pupils to a range of activities and enabled them to develop new skills while experiencing high-quality sports facilities within the local community. The visit promoted confidence, teamwork, and resilience, while broadening pupils' awareness of the sporting opportunities available beyond the school setting. It also encouraged continued participation in physical activity by helping pupils make links between school sport and community-based provision.
Other Indicators identified by academy:				Percentage of total allocation:
Academy focus	Actions to achieve	Funding allocated:	Intended impact:	Evidence, impact and suggested next steps. (Completed at end of school year.)

Developing the leadership capabilities of upper KS2 pupils.	Sports leaders to meet termly to create PE newsletter.	SL time: £140	To develop the leadership skills of KS2 pupils to encourage engagement with sports and healthy lifestyles.	KS2 train as 'Sports Crew' to develop leadership skills and encourage participation in sport amongst the rest of the school.
Further develop inter-house sports days.	Sports leaders to help organise and officiate inter-house sports events.		To encourage KS2 pupils to take some ownership over sport at the school.	
Pupils start the mornings in a more engaged fashion.	Breakfast club and EYFS pupils to begin day with fun exercise activities.		To help focus and alertness and productivity.	
Total Expenditure				17,790